

Learning From Home - Weekly Timetable

Make sure that both the children and the parents stick to this timetable – ‘*Model the behavior you wish to view in your child*’

		Monday	Tuesday	Wednesday	Thursday	Friday
Morning Work Cycle	8:45am-12:00pm	Morning meeting - 15 minutes	Morning meeting - 15 minutes	Morning meeting - 15 minutes	Morning meeting - 15 minutes	Morning meeting - 15 minutes
		9:00-10:15am: English Sentence level – Click here for resources	9:00-10:15am: English Word level – Click here for resources	9:00-11:00am: English Writing - Click here for Resources	9:00-10:15am: English Punctuation – Click here for resources	9:00-11:00am: English Grammar – Click here for resources
		10:15-11:00am: Mathematics – Click here for resources	10:15-11:00am: Mathematics – Click here for resources		10:15-11:00am: Mathematics – Click here for resources	
		11:00- 11:15 Snack time and reflection	11:00- 11:15 Snack time and reflection	11:00- 11:15 Snack time and reflection	11:00- 11:15 Snack time and reflection	11:00- 11:15 Snack time and reflection
		11:15-12:00pm: Science and Technology- Click here for resources	11:15am: Creative and Practical Arts – Visual Art – Click here for resources	11:15-12:00pm: Mathematics – Click here for resources	11:15-12:00pm: Geography – Click here for resources	11:15-12:00pm: Mathematics- Click here for resources
12:15-1:15 pm Lunch (parents have lunch with their children and discuss the morning – 30 minutes and 30 minutes recreational Playtime.						
Afternoon Work Cycle	1:15pm-2:45pm	1:15-1:35pm English: Shared and silent reading Children choose a book to read or they can listen to story at https://www.storylineonline.net	1:15-1:35pm English: Shared and silent reading Children choose a book to read or they can listen to story at https://www.storylineonline.net	1:15-2:45pm: History – Click here for resources	1:15-1:30pm English: Shared and silent reading Children choose a book to read or they can listen to story at https://www.storylineonline.net	1:15-1:35pm English: Shared and silent reading Children choose a book to read or they can listen to story at https://www.storylineonline.net
		1:35-2:45pm: Personal Development, emotional Intelligence and Health – Click here for resources	1:35-2:45pm: Science and Technology – Click here for resources		1:30-2:30: Physical Education – Household Yoga - https://www.youtube.com/watch?v=X655B4ISakg	1:30-2:45pm: Health– - Click here for resources
2:45-3:00pm Child tidies up their desk, prepares for tomorrow and meets with mum or dad to discuss the day’s progress. (keep it positive)						