

	Monday – Friday	Saturday & Sunday
7 – 8:00	Dress, Breakfast, Teeth, free time	Free Play
8:00 – 8:30	Chores	Free Play
8:30 – 9:00	Phonics & writing	Free Play
9:00 - 9:30	Exercise	Free Play
9:30 – 10:00	Mindfulness / Yoga	Free Play
10:00 – 10:30	Cooking/Baking or extra Phonics & writing or option from below	Free Play
10:30 – 11:00	Fruit Snack & Free Play	Free Play
11:00 – 11:30	Maths	Free Play
11:30 – 12:00	Reading	Free Play
12:00 – 12:30	OPTION FROM BELOW	Free Play
12:30 – 1:30	Lunch & Free Play	Free Play
1:30 – 2:00	Science/ History / Geography / Spanish or Option from below	Free Play
2:00- 2:30	Activity from School	Free Play
2:30 – 3:00	Activity from School	Free Play
3:00- 3:30	Ipad time for learning	Free Play
3:30 – 4:00	Ipad time for games	Free Play
4:00 – 5:30	Free Play	Free Play
5:30 – 6:00	Dinner	Free Play
6:00 – 7:00	TV Time (if earnt)	Free Play

Lego Challenges	Ipad Games – Educational	Gardening	Online Learning Activity	Art Activities	Scout Challenges
Go Noodle	Just Dance	Meditation	Cooking/Baking	House Maintenance	Online Chat
Jigsaws	Board Games	Animal TV programmes	Languages	Cosmic Yoga	Online Tours